



Helen Long

**Independent Case Manager
Island Case Management**

Occupational Therapist

helen@islandcm.co.uk

Specialisms

Adults

Brain Injury,
Complex Polytrauma,
Complex Orthopaedic,
Vocational Support.

Profile

Helen is a clinical specialist occupational therapist and rehabilitation case manager with extensive experience in Neurological Assessment and Rehabilitation. Her case management work includes clients with acquired brain injury and complex musculo-skeletal injury.

Through a large network of contacts, Helen has built a reputation as a highly efficient and professional occupational therapist and case manager. Retaining a clinical lead position within the NHS has enabled a holistic approach to her work. Helen brings all elements of healthcare together in order to secure cost efficient as well as timely interventions for her clients.

With 28 years of experience as an occupational therapist, Helen started her own practice as a case manager in 2016. She continues to work in an entirely client-centred way, ensuring the client has access to the services which will ensure the best possible outcomes through their rehabilitation journey.

Helen ensures that channels of communication are kept open between all stakeholders throughout her case management practice. She ensures a high standard of assessment and report writing throughout.

Helen uses a motivational, goal orientated approach to truly enable her client's to reach their maximum level of independence and wellness.

Testimonial

"Helen is a first class case manager who managed a complex brain injury case in an exemplary manner. She was open and approachable, whilst at all times professional and keeping in mind the commercial realities of the case. The rehabilitation was subject to some constraints due to incomplete funding by the Defendant, which Helen was able to overcome in an innovative and effective way. She built up excellent rapport with the family, as well as the client, and I would happily instruct Helen again and have recommended her within my team." – Associate, Personal Injury Solicitor

Qualifications

BSc (Hons) Combined Social Science, University of Bath Spa 1994
Post Graduate Diploma Occupational Therapy, Queen Mary & Westfield College, University of London 1996

Professional Memberships

Health & Care Professions Council (Reg: BT0213272)
Case Management Society UK (Reg: 19-4428-A)

Location

Ryde, Isle of Wight

Coverage

South East England



The
Case Management
Community





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3HUB Community Governance & Due Diligence
helen@islandcm.co.uk

Contact	office@threehub.co.uk 01243 769081 www.threehub.co.uk
Professional Memberships	Health & Care Professions Council (Reg: BT0213272) Case Management Society UK (Reg: 19-4428-A) Registration evidence available on request.
Qualifications	BSc (Hons) Combined Social Science, University of Bath Spa 1994 Post Graduate Diploma Occupational Therapy, Queen Mary & Westfield College, University of London 1996
Continuous Professional Development	Regular training and formal 3 monthly supervision. Professional development reviews and governance/due diligence checks are undertaken annually. Current Mandatory Training Certificate and Safeguarding Level 3 Certificate available on request.
Professional Liability Insurance Policy	Professional Indemnity Cover: up to £6million per claim Public Liability Cover: up to £6million per claim Policy details available on request.
GDPR compliant	Current ICO Certificate available on request. Data Controller: Helen Long
Enhanced Disclosure and Barring Service (DBS) Certificate & Update Service	Full, clear enhanced DBS certificate currently in place & update service details available on request.
Key Policies	All our policies and procedures are reviewed annually, and full details are available on request. Our suite of policies and procedures include Governance (including third party due diligence), Data & IT, Safeguarding, Safe Working & Risk Management, Employment, Clinical.